

## **Pecan Tassies**

## **Tart Shells**

- <sup>1</sup>/<sub>2</sub> cup (125 mL) butter or margarine, softened
- 3 oz (90 g) cream cheese, softened
- 1 cup (250 mL) all-purpose flour

## Filling

- 1 cup (250 mL) pecan halves, finely chopped
- $^{3}/_{4}$  cup (175mL) packed brown sugar
- 1 egg
- 2 tbsp (30 mL) butter or margarine, melted
- 1 tsp (5 mL) vanilla
  - Powdered sugar (optional)
- Preheat oven to 350°F (180°C). For tart shells, beat butter and cream cheese in Classic Batter Bowl until well blended. Add flour; mix until a soft dough forms. Shape dough into 1-in. (2.5-cm.) balls. Place balls of dough into ungreased cups of Deluxe Mini-Muffin Pan. Dip Mini-Tart Shaper in flour; press into dough with even pressure until dough rises slightly above rim of pan.
- 2. For filling, combine pecans, brown sugar, egg, butter and vanilla.
- 3. Fill each tart shell with level scoop of filling (do not overfill). Bake 20 25 minutes or until light golden brown. Remove pan from oven; cool in pan 3 minutes. Remove tarts from pan; cool completely. Sprinkle with powdered sugar, if desired.

## Yield: 24 tarts

Nutrients per serving (1 tart) (optional ingredients not included): Calories 130, Total Fat 10 g, Saturated Fat 4 g, Cholesterol 25 mg, Carbohydrate 11 g, Protein 2 g, Sodium 65 mg, Fiber less than 1 g

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